



GIRLS FIELD HOCKEY

GRADES 3-8 (FALL SEASON)

SPACE IS LIMITED!

Rec MYFH League:

We are a recreational non-profit field hockey league run by **volunteer parents** and sponsored by Montclair Recreation Montclair Recreation Department.

Our mission:

Develop young athletes to work as a team; build foundational field hockey skills, provide a positive environment for players to develop as athletes and leaders.

Participant levels: (Space is limited)

- 1st time players are welcomed for all levels
- Teams will be evaluated for equal play

Sr Division: 2 teams' of 7/8 graders (36 total)

Jr Division: 2 teams' of 5/6 graders (36 total)

Season: Grades 5-8:

Montclair are members of the Suburban Essex recreational league. Practices will be in late August; Game season will begin September-Early November. Practices will be held weeknights 5pm-7pm games on Saturdays/Sundays afternoons at Watchung field

Novice Division: 3-4 graders:

Will start the 2nd week of September and practices will be once per week with local scrimmages. Fees Fee is \$100/player.

Equipment: Players are required to provide their own equipment: Stick, Goggles, Shin guards and mouthguards. Limited loaner equipment is available

UNIFORMS:

Uniforms will be provided by MYFH! We are very pleased to provide full uniforms this year (reversible racer back and skirt). Players will need to purchase at least 2 pairs of soccer socks (cover shin guards) – one pair black and one pair white.

WAIVER FORM:

Please submit liability waiver form with check or at first practice.

Please be advised that Volunteer help is greatly needed. Coaches, Team coordinators Etc. We may be limited to the number of teams based on coaching availability. No Experience is necessary. We will train. Please check the registration box on website. Background checks and a coach certification course are provided.

Registration links: (Team snap)

7/8th Grade [TeamSnap :: Montclair Youth Field Hockey ::](#)

5/6th Grade [TeamSnap :: Montclair Youth Field Hockey ::](#)

3-4 Grade [TeamSnap :: Montclair Youth Field Hockey ::](#)

Fee's:

\$295/player

Scholarships are available

For more information, please email questions to kristinadanielarey@gmail.com

**Or call us at the Recreation office during business hours 8:30am-4:30pm
973-509-4915**