

# **30 and Over Men's Slow Pitch Fall Softball league**



**Registration opens Aug 1<sup>st</sup>. Men's 30 and over Recreational league runs Sunday Mornings between 8am-2pm at Mountainside and Nishuane parks. Season runs Mid-September-early November. Eligible participants must register online at [www.communitypass.net](http://www.communitypass.net) before play. The player list will be submitted to team managers for team placement. You will receive a call if spots are available. No Fees!**

**Participants must supply their own gloves and cleats. All skills are welcome. All participants must be Montclair/Glen Ridge residents. For more information, please call us at the Recreation office 973-509-4915 during business hours 8:30am-4:30pm Monday-Friday**