

Recreation



Boys and Girls grades 4-8

Test your skill against neighboring townships on a recreational level in the Suburban cross-country league. Learn the basic skills of off-track running during the fall season to help build endurance and self-esteem.

- Participants will practice twice a week at Nishuane Park and compete locally at neighboring towns each week.
- (Local travel)
- Registration opens online Aug 1st, register.communitypass.net
- Or at the Recreation office 205 Claremont Ave.
- Program will meet on Mondays and Wednesdays Starting **Monday September 9th** at 5:30pm Nishuane Park
- Space is limited!!!!
- Volunteer coaches are greatly needed.
- Program will not run without coaches.
- Fee is \$85.00