

# Montclair Seniors Fostering Pets

Are you a senior in Montclair who wants to give back to your community?

Foster a Senior Dog or Cat with Lifelong Montclair!

### CONTACT

Judy Hurley at Lifelong Montclair JHurley@montclairnjusa.org 973-509-4974

#### PETS HELPING SENIORS

Pets improve our quality of life. Living with a pet can reduce cognitive decline, feelings of isolation and loneliness, and provide opportunities for exercise, socializing, and community involvement.



#### **SENIORS HELPING PETS**

Fostering from local shelters and rescue organizations provides pets the much needed love and attention in a peaceful, safe environment that pets need to thrive. Fostering in your home frees up space at the shelter for additional pets in need, allows pets to decompress and prepares them for adoption in a forever home.

#### VOLUNTEER TO BUILD COMMUNITY SUPPORT FOR SENIORS

If you can't foster a pet but still want to help, become part of a safety and support network for seniors who may need pet care due to illness, accident, or hospitalization.



#### **FOSTERING A PET**

- We ask for a minimum 2-week commitment to foster.
- Even a short reprieve from kennel life is beneficial and soothing for pets, allowing them to reset.
- We provide assistance with food and supplies if needed and pay all medical expenses.
- We match you with the ideal companion pet!
- And you always have the option to adopt!

#### **BENEFITS**

## MONTCLAIR SENIORS FOSTERING PETS

- Reduce stress
- Lower blood pressure
- Improve mental health
- Increase physical activity
- Increase social interaction



### SCAN TO MAKE A DONATION

#### **Apply To Foster A Pet**

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This program has been supported by a grant from Mars Petcare, conceived and administered in partnership with Lifelong Montclair, Montclair Township Animal Shelter, and Humane Montclair.



Montclair is proud to be the second township in New Jersey to have been awarded the Better Cities for Pets designation.

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